The soluble guanylate cyclase stimulator riociguat: Evidence in pulmonary hypertension and beyond

Raymond Benza1*, Amresh Raina2, Manreet K. Kanwar3, Steven D. Nathan4, Stephen C. Mathai5

1Advanced Heart Failure, Transplant, Mechanical Circulatory Support and Pulmonary Hypertension Section, Allegheny Health Network, Pittsburgh, PA, USA
2Pulmonary Hypertension Program, Allegheny Health Network, Pittsburgh, PA, USA
3Chronic Thromboembolic Pulmonary Hypertension Program, Allegheny Health Network, Pittsburgh, PA, USA
4Advanced Lung Disease and Transplant Program, Inova Fairfax Hospital, Vienna, VA, USA
5Johns Hopkins University School of Medicine, Division of Pulmonary and Critical Care Medicine, Baltimore, MD, USA

ABSTRACT

The soluble guanylate cyclase (sGC) stimulators riociguat and vericiguat elevate intracellular cyclic guanosine monophosphate (cGMP) levels via stimulation of the nitric oxide–sGC–cGMP pathway resulting in vasodilatory, anti-inflammatory, anti-proliferative, and anti-fibrotic effects. Riociguat is approved for the treatment of pulmonary arterial hypertension (PAH) and inoperable or persistent/recurrent chronic thromboembolic pulmonary hypertension (CTEPH). Placebo-controlled phase 3 trials in both indications demonstrated significant improvements in exercise capacity, functional class, and pulmonary hemodynamics, with sustained efficacy and good tolerability in long-term open-label extension studies. Pilot or phase 2 studies of riociguat in pulmonary hypertension associated with heart failure (HF) or chronic obstructive pulmonary disease showed improvements in some hemodynamic parameters, although riociguat is contraindicated in pulmonary hypertension associated with idiopathic interstitial pneumonias. Riociguat is undergoing trials in other conditions including diffuse cutaneous systemic sclerosis. Vericiguat, a novel once-daily sGC stimulator, is well tolerated in patients with HF and is undergoing a phase 3 trial in HF with reduced ejection fraction. These ongoing studies will clarify the roles of sGC stimulators in indications beyond PAH and CTEPH.

Abbreviations

6MWD: 6-minute walking distance; cGMP: cyclic guanosine monophosphate; CTEPH: chronic thromboembolic pulmonary hypertension; dcSSc: diffuse cutaneous systemic sclerosis; HF: heart failure; LVEF: left ventricular ejection fraction; mPAP: mean pulmonary artery pressure; NO: nitric oxide; NT-proBNP: N-terminal pro-brain natriuretic peptide; PAH: pulmonary arterial hypertension; PDE5: phosphodiesterase type 5; PEA: pulmonary endarterectomy; PH: pulmonary hypertension; PVR: pulmonary vascular resistance; RP: Raynaud’s phenomenon; sGC: soluble guanylate cyclase; tid: three times daily; WHO: World Health Organization.

Introduction

Pulmonary hypertension (PH) is a broad term encompassing a variety of disorders, defined by a mean pulmonary artery pressure (mPAP) ≥25 mmHg. PH can lead to right ventricular dysfunction and failure and can eventually be fatal. Globally, the prevalence of...
PH is estimated at approximately 1% of the population. Based on etiology, PH is classified into five World Health Organization (WHO) groups:

1. **Group 1: Pulmonary arterial hypertension (PAH)**, a category that includes several disorders/subgroups, including idiopathic PAH, heritable PAH, and PAH associated with certain conditions such as connective tissue diseases (e.g. diffuse cutaneous systemic sclerosis (dcSSc)), congenital heart disease (CHD), and human immunodeficiency virus infection. The definition of PAH includes pulmonary vascular resistance (PVR) >3 Wood units (240 dyn-s-cm⁻⁵) and pulmonary capillary wedge pressure ≤15 mmHg.

2. **Group 2: Left-heart-related PH**

3. **Group 3: Lung-/hypoxia-related PH**

4. **Group 4: Chronic thromboembolic pulmonary hypertension (CTEPH)**

5. **Group 5: PH with unclear/multifactorial etiology.**

PH in developing countries is often associated with CHD or infectious disease. There has been a significant amount of recent research and drug development concentrated on PAH and CTEPH, which are both considered rare diseases and may share similar pathology.

Riociguat (BAY-63-2521; Bayer AG, Wuppertal, Germany) is a soluble guanylate cyclase (sGC) stimulator approved for the treatment of PAH and inoperable or persistent/recurrent CTEPH. Currently, it is the only approved medical therapy for inoperable and persistent/recurrent CTEPH. sGC stimulators are a novel class of therapeutics with vasodilatory, anti-inflammatory, anti-proliferative, and anti-fibrotic effects in various in vitro and in vivo models. These diverse actions mean that sGC stimulators have the potential to treat many other diseases, including heart failure (HF), systemic sclerosis, and cystic fibrosis. This review discusses the clinical evidence for riociguat and another sGC stimulator, vericiguat.

**The NO–sGC–cGMP pathway**

sGC is a key enzyme in the nitric oxide (NO) signaling pathway, which plays many roles in the control of the vascular system including regulation of vascular tone, inhibition of vascular smooth muscle cell proliferation, and protection against inflammation. Impaired functioning of this system has been implicated in PH, coronary artery disease, peripheral vascular disease, and atherosclerosis. NO from vascular endothelial cells binds with sGC, which catalyzes the synthesis of the secondary messenger cyclic guanosine monophosphate (cGMP), and the pharmacologic effects of sGC stimulators result from their action to enhance cGMP synthesis. cGMP, once produced, has multiple effects, mostly mediated through activation of protein kinase G. Activation of this kinase ultimately leads to vasodilation via activation of myosin phosphatase that releases calcium from smooth muscle cells. In addition, the NO–sGC–cGMP pathway mediates many physiologic functions including regulation of cell proliferation, platelet aggregation, and fibrosis. Depletion of NO leads to a variety of abnormalities including pulmonary vasoconstriction, vascular remodeling, and in situ thrombosis. Reduction in endogenous NO levels has been observed in several types of PH. sGC stimulators have a dual mode of action; specifically, they enhance the sGC response to endogenous NO and also directly stimulate sGC independent of NO via a different binding site, leading to elevation of cGMP.

**Riociguat in PAH and CTEPH**

Riociguat was investigated in PATENT-1, a 12-week, double-blind, placebo-controlled trial in 443 patients with symptomatic PAH (ClinicalTrials.gov: NCT00810693). Patients received either placebo or riociguat (individually optimized doses up to 2.5 mg three times daily (tid)). Riociguat significantly improved 6-minute walking distance (6MWD) (primary endpoint), PVR, N-terminal pro-brain natriuretic peptide (NT-proBNP), WHO functional class, and time to clinical worsening (secondary endpoints) compared with placebo in patients who were receiving no other treatment for the disease and those receiving endothelin-receptor antagonists (ERAs) or prostanoids. In the open-label extension of this trial (PATENT-2; ClinicalTrials.gov: NCT00863681), the improvements in 6MWD, NT-proBNP, and WHO functional class with riociguat were maintained after 2 years, and riociguat was well tolerated as monotherapy or in combination with ERAs, prostanoids, or both. In a subgroup of 35 patients in PATENT-1 with PAH associated with CHD, riociguat improved 6MWD, as well as NT-proBNP, WHO functional class, and PVR, compared with placebo. The long-term outcome of patients in PATENT-1 and PATENT-2 with PH associated with connective tissue disease was similar to that seen in idiopathic PH.

CTEPH is characterized by obstruction of the pulmonary vasculature, usually as a consequence of unresolved pulmonary embolism. Pulmonary endarterectomy (PEA) is a potentially curative surgery for CTEPH; however, not all patients are eligible and some have persistent and/or recurrent PH after surgery. In addition, CTEPH frequently occurs following pulmonary surgery, specifically pulmonary resection or infectious disease.
Abbreviations: 6MWD: 6-minute walking distance; CF: cystic fibrosis; COPD: chronic obstructive pulmonary disease; CTEPH: chronic thromboembolic pulmonary hypertension; DB: double-blind; dcSSc: diffuse cutaneous systemic sclerosis; HF: heart failure; IIP: idiopathic interstitial pneumonias; ILD: interstitial lung disease; LAV: left atrial volume; LVEF: left ventricular ejection fraction; mPAP: mean pulmonary arterial pressure; NT-proBNP: N-terminal pro-brain natriuretic peptide; OL: open-label; PAH: pulmonary arterial hypertension; PBO: placebo; PDE5i: phosphodiesterase type 5 inhibitor; PH: pulmonary hypertension; PVR: pulmonary vascular resistance; RCT: randomized controlled trial; RP: Raynaud’s phenomenon; RV: right ventricular; SBP: systolic blood pressure; sGC: soluble guanylate cyclase; sLVD: systolic left ventricular dysfunction; SV: stroke volume; tid: three times daily; wk: week; WHO FC: World Health Organization functional class; yr: years

Table 1. Summary of clinical trials of sGC stimulators in PAH, CTEPH, other forms of PH, dcSSc, and HF.

<table>
<thead>
<tr>
<th>Study, population</th>
<th>Study design</th>
<th>Primary outcome</th>
<th>Other outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>PATENT-1&lt;sup&gt;1&lt;/sup&gt; (NCT00810693) PAH (n=443)</td>
<td>12-wk, DB, RCT. Riociguat maximum dose 1.5 (exploratory) or 2.5 mg tid</td>
<td>6MWD at Week 12: −6±86 m with PBO, +3±66 m with riociguat: p=0.001</td>
<td>WHO FC, PVR, NT-proBNP, and clinical worsening significantly improved vs PBO</td>
</tr>
<tr>
<td>PATENT-2&lt;sup&gt;2&lt;/sup&gt; (NCT00863681) PAH (n=396)</td>
<td>OL extension of PATENT-1</td>
<td>6MWD +47 m vs baseline at 2 yr</td>
<td>Improvements in NT-proBNP and WHO FC maintained</td>
</tr>
<tr>
<td>CHEST-1&lt;sup&gt;3&lt;/sup&gt; (NCT00855465) CTEPH (n=261)</td>
<td>16-wk, DB, RCT. Riociguat maximum dose 2.5 mg tid</td>
<td>6MWD at Week 16: −6±84 m with PBO, +39±79 m with riociguat: p&lt;0.001</td>
<td>WHO FC, PVR, and NT-proBNP significantly improved vs PBO</td>
</tr>
<tr>
<td>CHEST-2&lt;sup&gt;2&lt;/sup&gt; (NCT00910429) CTEPH (n=237)</td>
<td>OL extension of CHEST-1</td>
<td>6MWD +50 m vs baseline at 2 yr</td>
<td>Improvements in NT-proBNP and WHO FC maintained</td>
</tr>
<tr>
<td>RESPIRE (NCT02007629) PAH (n=63)&lt;sup&gt;3&lt;/sup&gt;</td>
<td>24-wk, OL, multicenter, uncontrolled. Patients with inadequate response to PDE5i</td>
<td>6MWD +31 m vs baseline at Week 24: p=0.001 (All endpoints were exploratory)</td>
<td>WHO FC and NT-proBNP significantly improved vs baseline (All endpoints were exploratory)</td>
</tr>
<tr>
<td>LEPHT&lt;sup&gt;4&lt;/sup&gt; (NCT01065454) PH-sLVD (n=201)</td>
<td>16-wk, DB, RCT. Riociguat 0.5, 1.0, or 2.0 mg tid</td>
<td>mPAP PBO-corrected mean difference −2.7 mmHg: p=0.10</td>
<td>Significantly improved cardiac index (p=0.0018) and PVR (p=0.03)</td>
</tr>
<tr>
<td>DILATE-1&lt;sup&gt;5&lt;/sup&gt; (NCT01177275) PH-diastolic HF (n=39)</td>
<td>16-wk, DB, RCT. Riociguat single dose 0.5, 1.0, or 2.0 mg</td>
<td>mPAP: −6±4±2 mmHg with PBO, −5.1±4.7 mmHg with riociguat 2.0 mg: p=0.60</td>
<td>Riociguat 2.0 mg significantly increased SV (p=0.04) and decreased SBP (p=0.03) and RV end-diastolic area (p=0.04)</td>
</tr>
<tr>
<td>Ghofrani et al 2015&lt;sup&gt;6&lt;/sup&gt; (NCT00640315) PH-COPD (n=22)</td>
<td>Non-randomized, non-blinded, non-controlled pilot. Riociguat single dose 1.0 or 2.5 mg tid</td>
<td>mPAP: −4.8±4.17 mmHg with 2.5 mg vs baseline: p=0.002</td>
<td>PVR: −123±73.53 dyn·s·cm&lt;sup&gt;−2&lt;/sup&gt; with 2.5 mg vs baseline: p=0.0002</td>
</tr>
<tr>
<td>Hoeper et al 2013&lt;sup&gt;7&lt;/sup&gt; (NCT00694850) PH-ILD (n=22)</td>
<td>Non-randomized, non-blinded, non-controlled pilot. Riociguat target dose 2.5 mg tid</td>
<td>Safety and tolerability: generally well tolerated</td>
<td>Increased mean cardiac output and decreased PVR</td>
</tr>
<tr>
<td>RISE-IIP&lt;sup&gt;8&lt;/sup&gt; (NCT02138825) PH-IIP (n=147)</td>
<td>26-wk, DB, RCT</td>
<td>Trial terminated</td>
<td></td>
</tr>
<tr>
<td>RISE-SSc&lt;sup&gt;9&lt;/sup&gt; (NCT02283762) dcSSc</td>
<td>52-wk, DB, RCT</td>
<td>Trial ongoing</td>
<td></td>
</tr>
<tr>
<td>DIGIT&lt;sup&gt;10&lt;/sup&gt; (NCT01926847) RP (n=20)</td>
<td>Single dose, DB, RCT. Riociguat 2.0 mg</td>
<td>Digital blood flow (room temperature): +41% with riociguat at 2 hours</td>
<td>Digital blood flow (cold): +15% with riociguat at 2 hours</td>
</tr>
<tr>
<td>Rio-CF (NCT02170025) CF (Phe508del mutation)</td>
<td>DB, RCT</td>
<td>Trial terminated</td>
<td></td>
</tr>
<tr>
<td>SOCRATES-REDUCED&lt;sup&gt;11&lt;/sup&gt; (NCT01951625) HF reduced LVEF (n=456)</td>
<td>12-wk, DB, RCT. Vericiguat 1.25, 2.5, 5.0, or 10.0 mg</td>
<td>Ratio of geometric mean NT-proBNP vs PBO 0.885; p=0.15</td>
<td>Dose-dependent effect of vericiguat on NT-proBNP (p&lt;0.02)</td>
</tr>
<tr>
<td>SOCRATES-PRESERVED&lt;sup&gt;12,13&lt;/sup&gt; (NCT01951638) HF preserved LVEF (n=447)</td>
<td>12-wk, DB, RCT. Vericiguat 1.25 or 2.5 mg fixed dose or titrated to 5.0 or 10.0 mg</td>
<td>Difference in log NT-proBNP vs PBO 0.14; p=0.20</td>
<td>Quality of life improvement at highest dose</td>
</tr>
</tbody>
</table>

Abbreviations: 6MWD: 6-minute walking distance; CF: cystic fibrosis; COPD: chronic obstructive pulmonary disease; CTEPH: chronic thromboembolic pulmonary hypertension; DB: double-blind; dcSSc: diffuse cutaneous systemic sclerosis; HF: heart failure; IIP: idiopathic interstitial pneumonias; ILD: interstitial lung disease; LAV: left atrial volume; LVEF: left ventricular ejection fraction; mPAP: mean pulmonary arterial pressure; NT-proBNP: N-terminal pro-brain natriuretic peptide; OL: open-label; PAH: pulmonary arterial hypertension; PBO: placebo; PDE5i: phosphodiesterase type 5 inhibitor; PH: pulmonary hypertension; PVR: pulmonary vascular resistance; RCT: randomized controlled trial; RP: Raynaud’s phenomenon; RV: right ventricular; SBP: systolic blood pressure; sGC: soluble guanylate cyclase; sLVD: systolic left ventricular dysfunction; SV: stroke volume; tid: three times daily; wk: week; WHO FC: World Health Organization functional class; yr: years

Outcome values are means ± standard deviation unless otherwise stated.

Involves pulmonary small-vessel disease not amenable to PEA. Riociguat was investigated in CHEST-1, a 16-week, double-blind, placebo-controlled trial in 261 patients with CTEPH who were ineligible for PEA or experienced persistent and/or recurrent PH after PEA (ClinicalTrials.gov: NCT00855465). Patients received placebo or riociguat (individual optimized doses up to 2.5 mg tid). Riociguat significantly improved 6MWD (primary endpoint), PVR, NT-proBNP, and WHO functional class compared with placebo. In the open-label extension (CHEST-2; ClinicalTrials.gov: NCT00855465).
The improvements in 6MWD, NT-proBNP, and WHO functional class were maintained after 2 years, and riociguat was well tolerated and exhibited a good safety profile.

PDE5 inhibitors are widely used in the treatment of PAH but some patients do not attain treatment goals with these agents. A 24-week, open-label, uncontrolled trial (RESPITE; ClinicalTrials.gov: NCT02007629) has indicated that selected patients with PAH and an unsatisfactory response to PDE5 inhibitors may benefit from switching to riociguat.

Riociguat in other forms of PH

Group 2.1: PH associated with HF with reduced ejection fraction

PH resulting from HF with left ventricular systolic dysfunction is associated with high morbidity and mortality, and established therapies do not improve the associated PH. LEPHT, a 16-week, double-blind, placebo-controlled, phase 2b trial in 201 patients with PH associated with HF and left ventricular ejection fraction (LVEF) ≤40%, randomized patients to placebo or riociguat (0.5, 1.0, or 2.0 mg tid (ClinicalTrials.gov: NCT01065454)). There was a non-significant (p=0.1) decrease in mPAP with riociguat 2 mg versus placebo (primary endpoint). PVR was significantly reduced and cardiac index significantly increased with riociguat, which was well tolerated.

Group 2.2: PH associated with HF with preserved ejection fraction

Up to half of patients with HF have preserved LVEF, with most patients developing PH for which there is no proven therapy. Reduced cGMP has been observed in these patients, therefore targeting the NO–sGC–cGMP pathway.
is logical. DILATE-1, a single-dose, double-blind, placebo-controlled, parallel-group, phase 2a trial in 39 patients with PH associated with HF and LVEF >50%, randomized patients to placebo or riociguat (0.5, 1.0, or 2.0 mg)29 (ClinicalTrials.gov: NCT01172756). The decrease in mPAP from baseline to 6 hours (primary endpoint) did not differ significantly with riociguat 2 mg versus placebo but other hemodynamic endpoints were improved (Table 1) and riociguat was well tolerated29.

**Group 3.1: PH associated with chronic obstructive pulmonary disease**

The prognosis of severe chronic obstructive pulmonary disease (COPD) associated with PH is poor30. In a single-dose pilot study (ClinicalTrials.gov: NCT00640315) in 22 patients with PH associated with COPD, riociguat (1.0 or 2.5 mg) was associated with significant improvements in mPAP and PVR, and was well tolerated31.

**Group 3.2: PH associated with interstitial lung disease**

Two trials have assessed the effect of riociguat in patients with PH associated with interstitial lung disease (ILD). In an open-label, uncontrolled, pilot study (ClinicalTrials.gov: NCT00694850) in 22 patients, riociguat (1.0−2.5 mg tid) was generally well tolerated, with increases in mean cardiac output and decreases in PVR32. However, a phase 2, 26-week, placebo-controlled, double-blind randomized controlled trial in 147 patients with PH associated with idiopathic interstitial pneumonias (PH-IIP)—a distinct subset of ILD—(RISE-IIP; ClinicalTrials.gov: NCT02138825) was halted early (after a mean treatment duration 121±66 days) due to an excess of deaths and serious adverse events with riociguat compared with placebo as well as a lack of efficacy33. Riociguat is therefore contraindicated in PH-IIP34, 35.

**Riociguat in non-PH disorders**

**Diffuse cutaneous systemic sclerosis**

DcSSc is a rare but incapacitating and life-threatening form of systemic sclerosis characterized by progressive fibrosis of the skin and internal organs resulting from deposition of extracellular matrix36-38. DcSSc is characterized by early-onset organ involvement and a mortality of almost 50% at 10 years39. Leading causes of death in patients with systemic sclerosis include pulmonary fibrosis and PAH40.

Studies in several animal models have demonstrated that riociguat has anti-fibrotic effects41,42, and a subgroup analysis of PATENT-1 and -2 reported that riociguat was well tolerated and associated with long-term improvements in 6MWD and other endpoints in patients with PAH associated with connective tissue disease43. These observations may suggest a potential benefit for riociguat in dcSSc. Moreover, dcSSc is characterized by small-vessel vasculopathy, caused in part by upregulation of endothelin and reduced NO levels, leading to decreased levels of cGMP44. Elevation of cGMP by riociguat could therefore be beneficial in this condition. RISE-SSc is an ongoing 52-week, double-blind, placebo-controlled, phase 2 trial investigating the efficacy and safety of riociguat in patients with dcSSc42a. The recruitment target is approximately 130 patients (ClinicalTrials.gov: NCT02283762).

**Raynaud’s phenomenon**

Raynaud’s phenomenon (RP) is a cold- or stress-triggered digital ischemia caused by vasoconstriction in the digital blood vessels sometimes associated with systemic sclerosis45. Medical therapy for RP is unsatisfactory, with many patients not responding44. The efficacy and tolerability of riociguat in RP were investigated in DIGIT, a single-dose (2 mg), double-blind, placebo-controlled, cross-over trial in 20 patients (ClinicalTrials.gov: NCT01926847). Two hours after administration, riociguat increased mean digital blood flow versus baseline by 41% at room temperature and by 15% after cold water exposure, and 12 (60%) patients responded to treatment (response defined as an increase of ≥10% in digital blood flow at room temperature or after cold water exposure)45.

**Cystic fibrosis**

Phe508del is a specific mutation of the gene for the protein cystic fibrosis transmembrane conductance regulator (CFTR) and the most common cause of cystic fibrosis (CF)46. Preclinical data have suggested that riociguat may improve CFTR channel function. The Rio-CF phase 2 trial assessed safety, tolerability, and early signs of efficacy of riociguat in patients with CF homozygous for Phe508del with mild-to-moderate disease (ClinicalTrials.gov: NCT02170025). After completion of part 1, the study has been terminated. Based on multiple factors, the design of part 2 is no longer appropriate. There were no safety concerns identified.

**Vericiguat in HF**

In patients with HF, endothelial dysfunction and reactive oxygen species reduce NO levels and bioavailability, resulting in insufficient stimulation of sGC and a reduction in cGMP synthesis. cGMP is essential for normal cardiac and vascular function. In HF, reduced NO–sGC–cGMP signaling results in vasoconstriction, vascular stiffness, adverse remodeling, and decreased renal and coronary blood flow with increased organ impairment47-49. Restoration of NO–sGC–cGMP signaling is a promising approach for the treatment of HF and one that is not directly addressed by current standard of care (angiotensin-converting enzyme inhibitors, angiotensin receptor blockers, mineralocorticoid receptor antagonists, or beta-blockers). Vericiguat, a novel
sGC stimulator with optimized pharmacokinetic properties allowing once-daily dosing, has been investigated in patients with HF. SOCRATES-REDUCED (ClinicalTrials.gov: NCT01951625) was a 12-week, double-blind, placebo-controlled, dose-finding, phase 2 trial in 456 patients with worsening chronic HF and reduced LVEF (<45%)\textsuperscript{50}. Patients were randomized to placebo or vericiguat once daily (1.25, 2.5, 5.0, or 10.0 mg). Vericiguat was well tolerated but had no significant effect on the primary endpoint, NT-proBNP levels, compared with placebo. However, secondary analysis suggested a dose–response relationship whereby higher vericiguat doses were associated with greater reductions in NT-proBNP level\textsuperscript{50}. Based on these results, a large phase 3 clinical outcome trial of vericiguat in patients with LVEF <45% is recruiting (VICTORIA). The study is designed to test whether vericiguat is superior to placebo (each on top of standard of care) in increasing the time to first occurrence of the composite of cardiovascular death or HF hospitalization. This trial is expected to be completed in 2020 (ClinicalTrials.gov: NCT02861534)\textsuperscript{51}.

SOCRATES-PRESERVED (ClinicalTrials.gov: NCT01951638) was a 12-week, double-blind, placebo-controlled phase 2b trial in 447 patients with symptomatic worsening chronic HF and LVEF ≥45%. Patients were randomized to placebo or vericiguat once daily (1.25, 2.5, 2.5–5.0, or 2.5–10.0 mg)\textsuperscript{52}. Vericiguat was well tolerated, but there was no significant difference from placebo for change in NT-proBNP from baseline or left atrial volume at 12 weeks (primary endpoints). However, at the highest dose vericiguat was associated with quality of life improvements from baseline\textsuperscript{52,53}. A larger proportion of patients treated with vericiguat, 10 mg, achieved clinically meaningful improvements in the Kansas City Cardiomyopathy Questionnaire Clinical Summary Score (KCCQ-CSS) and the 5-dimension EuroQol Questionnaire (EQ-5D) score, and a dose-dependent relationship was observed\textsuperscript{52,53}.

**Summary**

Riociguat was the first drug to demonstrate efficacy and tolerability in two separate PH indications, namely PAH and inoperable or persistent/recurrent CTEPH\textsuperscript{17,18,23,24}. This raised the possibility that sGC stimulators may have efficacy in other forms of PH. Initial trials in PH associated with HF with reduced or preserved left ventricular systolic function or COPD\textsuperscript{26,29,31}, although with mixed results in terms of achieving their primary endpoints, did give signals which warrant further well-designed investigations in this area. In a subgroup of patients with PH-IIP, riociguat may be harmful and its use in this disease subset is contraindicated.

The involvement of the NO–sGC–cGMP pathway in many diseases suggests that sGC stimulators could have diverse benefits. For riociguat this supposition is supported by its established indications (PAH and CTEPH)\textsuperscript{17,18,23,24} and early results in RP\textsuperscript{45}, and it is under investigation in dcSSc.

Vericiguat is well tolerated in patients with HF\textsuperscript{50,52,53}, and a phase 3 trial of this agent in HF with reduced ejection fraction is in progress\textsuperscript{51}. Ongoing and future trials will clarify the clinical roles of sGC stimulators.

**Acknowledgements**

Editorial support for this review was provided by Adelphi Communications Ltd, Bollington, UK supported by Bayer AG.

**Conflicts of interest**

Raymond Benza reports grant support from Belleraphon, Actelion, Eiger, and Bayer AG.

Amresh Raina reports speaker fees from Bayer AG.

Manreet K. Kanwar is on a Speakers’ Bureau and Advisory Board for Bayer AG.

Steven D. Nathan has received consulting fees and Inova Fairfax Hospital has received research funding from Bayer AG for work pertaining to a clinical trial of riociguat.

Stephen C. Mathai reports:

- Consultancies in the past 2 years: Actelion, Bayer AG, and United Therapeutics
- Grants: NIH/NHLBI and Scleroderma Foundation
- Associations: Pulmonary Hypertension Association Scientific Leadership Council.

**References**


